About Being Exposed to COVID-19 (Residential Students)

Regardless of vaccine status, you no longer need to quarantine unless you are experiencing symptoms. However, you should take the following precautions:

1. **START MASK PRECAUTIONS** Immediately and pick up COVID kit if you do not have at-home tests
* Put on your KN95 mask and pick up COVID kit from Res. Life staff
* **Test yourself immediately and report any positive result to Residence Life and Student Health. Click here to [*Report COVID*](https://docs.google.com/forms/d/12LtmU7W3G4A8lqW2-z0fcgrmlDTp33licRZcfIfVk_A/edit#settings:~:text=https%3A//docs.google.com/forms/d/e/1FAIpQLSct%2DH0PyU1puv%2DNemv78vlcAzYX1GvRN_ibl8R%2DSH6RQZ_iyA/viewform%3Fusp%3Dsf_link)or scan QR code
* *Day 0 is the day of your last exposure to someone with COVID-19*
* ***Day 1 is the first full day****after your last exposure*
1. **CONTINUE MASKING PRECAUTIONS** 10 Full Days from the last time you were with the positive case.
	* You can still develop COVID-19 up to 10 days after you have been exposed
	* Monitor for symptoms.
	* Do not go places where you are unable to wear a mask, including travel and public transportation settings.
2. **REPEAT THE TEST AGAIN ON DAY 6**
* **Test even if you do not have symptoms**
* Report any positive result to Student Health
* If negative, continue mask precautions until Day 10

**Watch for symptoms**

* Nasal congestion/runny nose
* Sore throat
* Cough
* unexplained headache and/or body aches
* fatigue
* other less common symptoms; fever (100.4°F or greater),loss of taste/smell, shortness of breath, nausea, vomiting and diarrhea

**If you develop symptoms:**

* Test with the second test in the COVID kit
* Stay home until you know the result
* If your test result is positive, notify Residence Life, Student Health and begin isolation
* If your test is negative, you will still need to test again on Day 6. Additional test kits can be obtained from Residence Life staff.