
UNIVERSITY OF MARYLAND EASTERN SHORE

RESOURCE GUIDE

*University and Community
Sexual Assault Services*



OFFICE OF INSTITUTIONAL EQUITY AND COMPLIANCE

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COORDINATED COMMUNITY RESPONSE TEAM (CCRT)

A Coordinated Community Response Team (CCRT) is a multidisciplinary team that works collaboratively to make system-wide improvements in response to gender-based violence. Gender-based violence includes dating and domestic violence, sexual assault, and stalking. The membership of a CCRT should consist of members under the following tracks: prevention, law enforcement, and student conduct. Members include students, Title IX staff, counseling providers, rape crisis advocates, and other community constituents who have an interest in the university's gender-based violence prevention and response.

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INTRODUCTION

This resource guide will inform you of the services currently available on campus and in the community for victims/survivors of sexual assault. The agencies listed are those most often used by sexual assault victims/survivors, although other services may be available in the community.

The individual agencies provided their information. Most services are available to University of Maryland Eastern Shore faculty, staff, students and members of the local community, but each entry notes the population served if a specific group. For detailed questions and far more in-depth explanations, please contact each agency directly.

We hope this information will assist the victim/survivor with making choices about the services they need.

A copy of this guide is available at:

www.umes.edu/braveproject/resource-library/



FAQ

I know someone who has been assaulted. What do I do?

Safety

If the victim/survivor is not safe, assist them in finding a safe place, but don't put yourself in danger. If anyone's safety is in question, dial 911.

Listen and Validate

A victim/survivor is often confused, disoriented, and emotionally upset. The most important thing you can do is listen. Do not evaluate their statements or offer value judgments.

Assess Their Needs

Ask the victim/survivor what their immediate needs are. Do they need medical care? Do they need a safe place to stay? Do they need to contact a friend, family member, or professional counselor? Do they need help filing a protective order?

Offer Options

Provide information that will help them make decisions. They may not know their available options. **For medical care, see pages 9-10. For law enforcement, see pages 11-12. For legal remedies, see pages 13-15. For counseling and crisis services, see pages 17-18.**

Support Their Choices

During the sexual assault the victim/survivors's choices were ignored. It is vital that you do not make choices for them or ignore the choices they've made. Even if you do not agree with their decisions, you need to offer your support and not your judgement.

Take Care of Yourself

Accept your limitations. If you are uncomfortable in dealing with the victim/survivor, ask for assistance (**See pages 17-18**). Professionals trained in counseling will answer any of your questions. They will assist you in dealing with the confusing and upsetting emotions you will experience. This can be a stressful situation for you too. Find someone with whom you can talk and receive support.

Get Involved

Involvement brings awareness. Awareness leads to education. Education facilitates prevention. You can make a difference.

How do I know if I have been assaulted? How do I know if my friend has been assaulted?

You don't have to decide this in the moment in order to seek help. It's okay to be confused. There are people on campus and in the community who can answer your questions.

Sexual Assault is an offense classified as a sex offense in the unified crime reporting system act including Rape, Sodomy, Sexual Assault with an Object, or Fondling directed against another person, without the consent of the victim, including instances where the victim is incapable of giving consent; also, unlawful sexual intercourse.

I have been assaulted. What do I do?

Go to a Safe Place

If you are in immediate danger or you require emergency medical assistance call 911.

Seek Medical Care (see pages 9-10)

We recommend that you consider medical care after a sexual assault. It is important for your physical and emotional health. You may be injured and not even know it. Seeking medical care will give you the opportunity to discuss available options for counseling, pregnancy prevention, and the prevention of sexually transmitted infections. You will receive the support to assist you during this difficult time.

- During regular business hours, the University of Maryland Eastern Shore Student Health Center's staff offers confidential medical care for victims/survivors of sexual assault.
- 24-hour medical care is provided by Tidal Health Peninsula Regional's Emergency Department. The Emergency Department has specially-trained nurses who tend to the particular needs of a sexual assault patient and make other referrals. Sexual Assault Forensic Exams (SAFE) are available. (See page 10)

Seeking medical care secures your right to initiate legal action against your attacker. It gives you the time to decide. Evidence collected during an exam can be stored with an anonymous ID number for up to **ONE YEAR**. This allows you the time to choose whether or not to report the crime. At any point during the evidence exam, you may stop the entire process.

However it is important to remember that the type of medical evidence that supports a legal case against an assailant should be collected as soon as possible. As time passes, evidence may be lost and your options limited.

To preserve evidence do not: **bathe, shower, wash, douche, brush teeth, use mouth wash, change clothes, eat, drink, smoke or urinate.**

Reporting the Assault

Law Enforcement

You can call 911. If you prefer, you can directly call the UMES Police Department at (410) 651-3300 or the Princess Anne Police Department at (410) 651-1822.

Once a report is made, the law enforcement agency initiates an investigation. If there is clear enough information a crime has occurred, law enforcement will forward the information to the prosecutor. The prosecutor then determines whether there is enough evidence to arrest and prosecute. **(See page 13)**

Your Role if You Report to Law Enforcement

Once a report is made to law enforcement, your role is as a witness. It is the State of Maryland versus the accused. Your testimony is evidence.

UMES Title IX and Prohibited Conduct

If the accused is affiliated with the university, whether a member of the campus community or third-party, you may report the incident to the Office of Institutional Equity and Compliance.

Title IX is designed to hold individuals accountable when they have violated university policy. After the staff assesses the case to see if it is clear that university policy may have been violated, you will be advised further about the process. **(See page 16)**

I have legal questions.

For legal assistance call:

- Maryland Coalition Against Sexual Assault at (301) 328-7023
- Maryland Courts Self-Help Center at (410) 260-1392
- Maryland Legal Aid at (410) 546-5511. (See pages 14-15)

For questions about Title IX or procedures to address prohibited conduct, contact the **Office of Institutional Equity and Compliance** at (410) 651-6135. (See page 16)

Two things you may find beneficial in seeking legal assistance are:

1. Protective Order.

A Protective Order is a court order requiring an abuser, stalker or perpetrator of sexual assault to have no contact or communication with you. A judge can order a person who has harmed you or frightened you to leave you alone. If a person still tries to see or contact you, they can be arrested and charged with a crime. Protective orders are free. You can obtain one by submitting paperwork to the court.

The law says you can get one for three different reasons:

- a) You have been subjected to violence or threat of violence by a family member or someone you are, or have been, intimate with or seeing in a romantic way.
- b.) You have been stalked.
- c.) You are the victim/survivor of a sexual assault.

2. Victim Assistance Compensation.

The Maryland General Assembly has made financial assistance available to victims/survivors of violent crimes. Certain criteria must be met to be eligible for this compensation. Check with hospital staff, police, prosecutor's office, or sexual assault counselor.

I am a student, what about my classes?

The Office of Institutional Equity and Compliance (410-651-6135) exists to help you with situations like this. The OIE staff can help you with any issues concerning your classes during this stressful and emotional time. (See page 16)

Who will know?

The University is committed to safeguarding the privacy of the parties in a manner consistent with the objective to effectively investigate and prevent incidents of prohibited conduct. Records will not be disclosed outside the University unless required by law or subpoena. Once a case goes to the prosecutor, confidentiality cannot be assured.

What is stalking?

Engaging in a course of conduct directed at a specific person that would cause a reasonable person to fear for his or her safety or the safety of others or suffer substantial emotional distress.

I'm being stalked, what should I do?

- Contact the police if you feel unsafe.
- Contact the Office of Institutional Equity and Compliance (see page 16).
- KEEP ALL HARASSING MESSAGES noting date and time.
- Block the individual(s) on all social media platforms, email services, and phone.



UNIVERSITY *of* MARYLAND
EASTERN SHORE

MEDICAL ASSISTANCE

Charles R. Drew Health Center - located in the Lida Brown building

1 Backbone Road
Princess Anne, MD 21853

Hours: Monday - Friday 8:00 - 11:00am (walk-in)
 1:00 - 4:00pm (by appointment)

Contact Information:

Phone: (410) 651-6597

Website: www.umes.edu/studenthealth/

*Services provided to all UMES students.

Services/Procedures:

- If a patient chooses to have an examination, it may include:
 - A brief medical history and questions about the assault.
 - A forensic exam to collect samples for medical evidence. (For a description of this exam see Tidal Health Peninsula Regional entry on the next page.)

- The patient is referred to additional counseling services.

- If the patient decided to report to law enforcement, the Health Center will contact the appropriate agencies.

Confidentiality:

No medical information is released without written consent of the patient or by court order.

Tidal Health Peninsula Regional

100 East Carroll St.
Salisbury, MD 21801

Hours: Everyday; 24 hours a day (Emergency Room)

Contact Information/Procedures:

Phone: (410) 546-6400 (Emergency Department)

Website: www.tidalhealth.org

Services:

- Patient is escorted to a safe, private room.
- No info is given out. No one will know the patient is at that hospital.
- Patient is assigned a personal Sexual Assault Nurse Examiner (SANE).
- An advocate from the Life Crisis Center is available.
- Injuries requiring immediate care are treated.
- If a patient reports the assault, the SANE provides a sexual assault forensic exam (SAFE) with evidence collection. This exam is free and confidential. Any part of the exam may be declined. **Having an exam does not mean the patient must report a crime. Evidence can be stored anonymously for up to one year.** The exam may include:
 - An interview about the event.
 - Fluid swabs.
 - Clothing collection
 - Photography of injuries present.
- Testing for a pre-existing pregnancy.
- Providing emergency contraception for pregnancy resulting from the assault.
- Testing for any STI is not provided at the time of the initial exam, but treatment is offered for most.

Confidentiality:

No medical information is released without written consent of the patient or by court order.

LAW ENFORCEMENT

If the incident occurred on the UMES campus:

University of Maryland Eastern Shore

Department of Public Safety

30737 University Blvd.-South

Princess Anne, MD 21853

Hours: 24 hours a day, 7 days a week

Contact Information:

Phone: (410)651-3300 (emergencies)

(410)651-6590 (non-emergency)

Website: www.umes.edu/police/

Services:

- UMES Police will respond to complaints of sexual assault on the UMES campus.
- UMES Police officers can be dispatched in response to a 911 call on campus, and they can also investigate complaints made by individuals who come directly to the police station to make a report.
- When appropriate, UMES Police will encourage the victim/survivor to seek medical attention.
- UMES Police will initiate and complete an investigation into the crime reported. This investigation may include:
 - Interviewing the victim/survivor, witnesses and the alleged perpetrator.
 - Collecting evidence, sometimes through the use of subpoenas and search warrants.
 - Generating a case report.
 - Working with the prosecutor throughout the investigative and judicial process.

Confidentiality:

All information concerning the assault will be reported to the Office of Institutional Equity and Compliance. A news release may inform the public that an assault occurred; however, no identifying information about the victim/survivor is released.

If the incident occurred within the Town of Princess Anne:

Princess Anne Police Department

11780 Beckford Ave.

Princess Anne, MD 21853

Phone: 911

(410)651-1822

E-mail: info@princessannepolice.com

Website: www.princessannepolice.com

If the incident occurred in Somerset County:

Somerset County Sheriff's Office

7920 Crisfield Hwy

Westover, MD 21871

Phone: 911

(410)651-9225

E-mail: scso@somersetmd.us

Website: www.somersetmd.us

LEGAL ASSISTANCE

Somerset County State's Attorney's Office

30500 Prince William St.

Princess Anne, MD 21853

Hours: Monday - Friday 8:30am - 4:30pm

Contact Information:

Phone: (410)651-3333

E-mail: somersetsao@gmail.com

Website: www.somersetmd.us

Services:

- Once an individual has been criminally charged and the court process begins, the Office of the State's Attorney, in preparing the case for prosecution, will make contact with the victim/survivor. This contact with the victim/survivor is made by the victim/witness coordinator and/or the prosecuting attorney. At this time, the court process is explained, the victim/survivor is advised of their victim rights, available resources and services, and any questions that the victim may have are answered. Victim/Survivor concerns are also discussed so that immediate needs can be addressed. This information is also provided to the victim/survivor in writing by mail.
- Victims/Survivors are contacted throughout the process by the prosecutors to advise them of the current status of the ongoing prosecution, as well as to discuss possible depositions. If requested, advocates will accompany victims/survivors to court hearings to provide support; they will facilitate excused absence from school or employment.
- The Life Crisis Center (**see page 18**) can assist victims/survivors in filling out the Violent Crime Compensation Fund application to reimburse them for medical and counseling costs, and lost wages as a result of the incident.

Confidentiality:

Confidentiality is determined by rules of evidence. Materials placed in the court file are public record.

Maryland Coalition Against Sexual Assault (MCASA)

P.O. Box 8782

Silver Spring, MD 20907

Contact Information:

Phone: (301) 328-7023

E-mail: info@mcasa.org

Website: www.mcasa.org

Services:

- Training & technical assistance for service providers
 - Referrals
-

Sexual Assault Legal Institute

P.O. Box 8782

Silver Spring, MD 20907

Contact Information:

Phone: (301) 565-2277

Website: www.mcasa.org/survivors/SALI

Services:

- Free legal services including criminal justice advocacy.
- Civil services such as peace and protective orders, financial, and housing issues.

Maryland Courts Self-Help Center

P.O. Box 8782

Silver Spring, MD 20907

Hours: Monday - Friday 8:30am - 4:30pm

Contact Information:

Phone: (410) 260-1392

Website: www.mdcourts.gov/selfhelp

Services:

- Free limited legal services
 - Help understanding court documents
 - Help with preparing for court
-

Maryland Legal Aid

111 High St.

Salisbury, MD 21801

Hours: Monday - Friday 9:00am - 5:00pm

Contact Information:

Phone: (410) 546-5511

Website: www.mdlab.org/

Services:

- Holistic civil legal assistance to victims/survivors of abuse
- Connect clients to support

CAMPUS ASSISTANCE

Office of Institutional Equity and Compliance (OIE)

University of Maryland Eastern Shore

Early Childhood Research Center, Suite 1129

Princess Anne, MD 21853

Hours: Monday - Friday 8:00 am - 5:00 pm

Contact Information:

Phone (410)651-6135

E-mail: titleIX@umes.edu

Website: www.umes.edu/OIE/

Services:

- Inform the victim/survivor of support systems on campus and in the community
- Record an informal report.
- Follow the UMES Policy and Procedures on Sexual Harassment, Other Forms of Sexual Misconduct and Gender-Based Discrimination in processing a sexual assault case; unless victim/survivor requests that no action be taken. (For Campus Procedures contact the Office of Institutional Equity and Compliance or see <http://www.umes.edu/OIE>)
- Supportive Measures such as No Contact Orders; assistance in changing academic, living, transportation, and/or work situations; and other appropriate actions depending on the individuals' needs and the specific circumstances.

Confidentiality:

Victims/Survivors are given as much confidentiality as possible, to the extent allowed by law. Persons wishing to be assured of 100% confidentiality can consult with our office, without revealing the names of involved parties. Once a case is addressed through the university, requirements of the Family Educational Rights and Privacy Act (FERPA) are followed in regard to accused students.

You can report anonymously on the following site:

<https://www.umes.edu/OIE/Content/Make-a-Report/>

COUNSELING AND INFORMATION

Office of Counseling Services

University of Maryland Eastern Shore
Student Development Center
Princess Anne, MD 21853

Hours: Monday - Friday 8:00 am - 5:00 pm

Contact Information:

Phone (410)651-6449

Website: www.umes.edu/CounselingServices/

Services:

- Individual counseling.
- Group counseling.
- Referrals.
- A counselor can accompany a victim/survivor to the police department and/or emergency room.

*Services are provided free of charge to UMES students.

Confidentiality:

Information is protected under Doctor-Patient Privilege; even from university faculty and administration.

Life Crisis Center

Hours: 24 hours a day, 7 days a week

Contact Information:

Phone: (410)749-4357, or 2-1-1

Website: www.lifecrisiscenter.org

Services:

- 24 hour crisis intervention.
- An advocate can meet the victim/survivor at the hospital, police department or prosecutor's office.
- Weekly peer support groups.
- One-on-one private meetings with an advocate.
- Resource and referral network of services across the state.
- Legal assistance and referral, information and advocacy.
- Information on filing protective orders.
- Victim Assistance Compensation information.

*Services are provided free of charge to all victims/survivors of sexual assault.

Confidentiality:

Information is kept confidential.

CONTACT INFORMATION

UMES OIE/Title IX.....(410)651-6135

Medical Services

UMES Health Center.....(410)651-6597

Tidal Health Peninsula Regional.....(410)546-6400

Law Enforcement (9-1-1 Emergency)

UMES Police Department.....(410)651-6590

Princess Anne Police Department.....(410)651-1822

Somerset County Sheriff's Department.....(410)651-9225

Legal Remedies

Somerset County State's Attorney's Office.....(410)651-3333

Maryland Courts Self-Help Center.....(410)260-1392

Maryland Legal Aid.....(410)546-5511

Counseling Services and Information

UMES Counseling Center.....(410)651-6449

Life Crisis Center.....(410)749-4357

National Hotlines

National Sexual Assault Hotline.....1(800)656-4673

National Domestic Violence Hotline.....1(800)799-7233

National Deaf Domestic Violence Helpline.....1(855)812-1001

Gay, Lesbian, Bisexual, and Transgender National Hotline..1(888)843-4564

National Suicide Prevention Hotline.....1(800)273-8255

