

Appendix A

UMES COUNSELOR EDUCATION – CLINICAL MENTAL HEALTH COUNSELING PROGRAM COURSE OF STUDY (60 Credits)

Student _____

Advisor _____

Course Name/Number/ # of credits	Level	When Offered	Semester Taken	Grade Earned	Notes
INTRODUCTORY COURSES					
CNED 602 – Introduction to Clinical Mental Health Counseling (3)	Introductory	Fall and Spring			Comprehensive Exam Content
CNED 604 – Theories and Techniques of Counseling (3)	Introductory	Fall			Comprehensive Exam Content
EDUC 620HYBRID – Advanced Human Growth and Development (3)	Introductory	Fall			Comprehensive Exam Content
EDUC 690 – Introduction to Behavioral Research (3)	Introductory	Fall and Spring			Comprehensive Exam Content
MID-LEVEL CORE PROGRAM COURSES					
CNED 635 – Diagnosis and Psychopathology	Mid-level	Summer			
CNED 640 – Group Processes in Counseling (3)	Mid-level	Spring			Comprehensive Exam Content
CNED 645 – Cross-cultural Perspectives in Counseling (3)	Mid-level	Fall			Comprehensive Exam Content
CNED 655 – Social Diversity in Counseling	Mid-level	Spring			Comprehensive Exam Content
CNED 660 – Crisis Management (3)	Mid-level	Spring			
CNED 670 – Ethical, Legal and Professional Issues (3)	Mid-level	Spring			Comprehensive Exam Content

Appendix A

CNED 605 – Individual and Group Appraisal (3)	Mid-level	Fall			Comprehensive Exam Content
MID-LEVEL CLINICAL MENTAL HEALTH COUNSELING COURSES					
CNED 631 – Career and Life Development (3)	Mid-level Core/Specialization	Spring			Comprehensive Exam Content
CNED 636 – Substance Abuse Counseling	Mid-level Specialization	Fall			
CNED 637 – Treating Emotional Disturbances	Mid-level Specialization	Spring			
CNED 612 – Marriage and Family Counseling	Mid-level Specialization	Fall			
CNED 672 – Practicum in Clinical Mental Health Counseling (3)	Mid-level Specialization	Fall, Spring, Summer			Apply semester prior
ADVANCED COURSES					
CNED 606 – Clinical Applications of Counseling (3)	Advanced	Fall			Must take prior to or concurrently with internship I
CNED 675 – Professional Knowledge, Skills and Practices (3) (Portfolio)	Advanced	Fall, Spring			Generally taken in the last semester
CNED 679 – Internship in Clinical Mental Health Counseling I (3)	Advanced	Fall, Spring			Apply semester prior
CNED 699 – Internship in Clinical Mental Health Counseling II (3)	Advanced	Fall, Spring			Apply semester prior
TOTAL CREDITS (60)					

NOTES:

Appendix A

Reflective Professional Development Exercise: Evidence of professional development activity e.g., a journal summary and participation in a conference, training or webinar.

Reflective Professional Development

Semester	Type of Professional Development Activity	Proof of Professional Membership	Date Completed	Date Approved

Comprehensive Exam - Candidates must pass a written comprehensive exam, which measures important professional knowledge concepts across the curriculum. The exam is in multiple choice format, is based on the eight common core areas of CACREP, and covers content from selected core area courses (identified in the chart above). Students should plan to take the comprehensive exam as soon as all of the courses identified as comprehensive exam content courses are completed. The exam is offered on the Saturday before the beginning of each fall and spring semester. Candidates should notify the Director of Counselor Education of their intent to sit for the comprehensive exam by the end of the semester prior to the exam date.

Date planned to sit for comprehensive exam: _____ Date passed comprehensive exam: _____

Appendix A

Reflective Portfolio – The portfolio project will be created in CNED 675. Reflective portfolio completed: _____

Practicum – 100 hours required.

Semester/Term planned to complete Practicum: _____ Date completed 100 hours: _____

Internship – 600 hours minimum required, split between two internship placements and two internship courses. The internship must be completed at a public school on the Eastern Shore, under the supervision of a certified school counselor with two or more years of experience in an approved site, during the regular school day. Two hours per week are earned for participation in group supervision during the weekly internship class with the university supervisor. *Students must apply for an internship the semester before beginning the internship.* Placement will be made by the Coordinator of School Counseling.

The internship is taken during the last two semesters. Students should have taken the courses necessary to understand the school counselor's role prior to or during the first semester of internship. This includes Legal and Ethical Issues in Counseling (CNED 670), Clinical Applications (CNED 606), Organization and Administration of School Counseling Programs (CNED 646), Counseling Children and Adolescents (CNED 643), and College and Career Readiness Counseling (CNED 632). Students will build and reflect upon their portfolio during internship, so CNED 675 is taken concurrently with the second internship.

Semesters planned to complete Internship: _____ Date completed 600 hours: _____

Graduation – anticipated date: _____ **Minimum Total Number of Credits Required: 60**

Advisors are here to guide you through planning your course of study, but it is the ultimate responsibility of the students to track and monitor their own progress and successful completion of all program requirements using this advising form and the Academic Requirements tool in Hawkweb every semester.

RECORD OF ADVISING:

Date of Meeting / Notes	Student's Signature	Advisor's Signature

Appendix A

My Graduation Checklist

- _____ Completed 60 credits of required courses
- _____ 3.0 or higher GPA
- _____ Completed 100 hours of Practicum
- _____ Passed Comprehensive Exam
- _____ Completed Portfolio
- _____ Completed 600 hours of Internship
- _____ Completed all requirements within 5 year time limit
- _____ Applied for Graduation by the deadline