

# SCHOOL of PHARMACY AND HEALTH PROFESSIONS

## Department of Kinesiology

### Exercise Science Major and Respective Benchmarks

Phase / Level	Benchmarks
<b>Phase 1:</b>	Successful completion of the following courses: <ul style="list-style-type: none"><li>• BIOL 111 Principles of Biology I</li><li>• BIOL 113 Principles of Biology Lab I</li><li>• BIOL 112 Principles of Biology II</li><li>• BIOL 114 Principles of Biology Lab II</li><li>• ENGL 102 (C or better)</li></ul>
<b>Phase 2:</b>	Successful completion of four major core courses (C or better) and two supportive courses. <ul style="list-style-type: none"><li>• EXSC 200 Introduction to Exercise Science</li><li>• EXSC 202 Personal and Community Health</li><li>• EXSC 252 Sports Psychology</li><li>• EXSC 302 Sports Medicine and First Aid</li><li>• BIOL 231 Human Anatomy and Physiology I</li><li>• BIOL 233 Human Anatomy and Physiology Lab I</li></ul>
<b>Phase 3:</b>	Successful completion of four additional major core courses (C or better) and two supportive courses. <ul style="list-style-type: none"><li>• EXSC 332 Exercise Physiology</li><li>• EXSC 333 Exercise Physiology Lab</li><li>• EXSC 311 Applied Kinesiology</li><li>• EXSC 445 Health Aspects of Aging</li><li>• CHEM 111 Principles of Chemistry I</li><li>• CHEM 112 Principles of Chemistry Lab I</li></ul>
<b>Phase 4:</b>	Successful completion of program core requirements including EXSC 490 (C or better).
<b>Total Credits to complete 120</b>	